Medical Assistance in Dying Resource List-Calgary 01.2023

Alberta Health Services: www.ahs.ca/maid MAID stands for Medical Assistance in Dying.

MAID Care Team: Maid.CareTeam@ahs.ca or phone Health Link 811 (health care info)

Nurse will assist in addressing all issues about medical assistance in dying.

A flow chart of procedures can be found at:

https://www.albertahealthservices.ca/assets/info/hp/maid/if-hp-maid-placemat.pdf

Application form (Record of Request Form) and other information at:

https://www.albertahealthservices.ca > info > page13497

Dying With Dignity Canada: support@dyingwithdignity.ca national office 1-416-486-3998

Patient Rights Booklet and Advance Care Planning Kit for Alberta available on website www.dyingwithdignity.ca Calgary Chapter of Dying with Dignity calgary@dyingwithdignity.ca

Palliative Care and End of Life

http://myhealth.alberta.ca/HealthTopics/Palliative-Care information on all end of life options also call 811

AHS Bob Glasgow Grief Support Centre 403-955-8444 individual and group bereavement counselling

Sage Centre Calgary 403-263-4525 info@sagecentre.ca,

counseling for individuals, families and children when someone has a life threatening illness. Also Living with Cancer Program, and children and teen's post bereavement programs

Bridge C-14: www.bridgec14.org

Based in Ottawa, a web-based site that provides compassionate support to families throughout their journey with medical assistance in dying (MAID). One to one and group grief support.

MAID Family Support <u>www.maidfamilysupport.ca</u>. <u>info@maidfamilysupport.ca</u> Based in Vancouver, on line/phone support both before and after a MAID death. Formerly know as Bridge4You.

Expected Outcome: www.expectedoutcome.ca Calgary based presentations and support groups re death and dying. Special group for those grieving a MAID death.

Green Sleeve/Advance Care Planning & Goals of Care:

<u>www.calglarlyhealthregion.ca/advancecareplanning</u> 403-943-0249 <u>conversationsmatter@AlbertaHealthServices.ca</u>

Hospice: www.hospicecalgary.com 403-263-4525

Geriatric Mental Health: Sheldon Chumir Clinic 403-955-6155 (Referral through one's GP). Mental health, competency evaluations, counseling and day programs for seniors over 65.

Alberta Office of the Public Guardian and Trustee

http://www.humanservices.ca/guardianship-trusteeship/personal-directives -how-it-works.html
1-877-427--4525 Information on Personal Directives and Enduring Power of Attorney and Guardianship

Canada Virtual Hospice www.virtualhospice.ca educational resource re end of life, grief and MAID

JH//JC 01/23