



Roadshow

Scared to Death of Death

We live in a death-denying culture. While most people grudgingly admit that they are aware of their own mortality, death remains something rarely discussed. Continued improvements in medical technology tempts us to ignore its limits, create a defiant attitude about death and dying, and suggest a failure when death eventually occurs.

Guest presenters, **Blair Collins**, grief counsellor and life coach, and **Darrin Parkin**, spiritual care clinician, will examine:

- The various factors that have influenced our cultural denial of death
 - The importance of personal meaning-making and spirituality as we reflect on our own individual mortality
 - What the dying have to teach us about living
 - The insights of palliative care as a way of removing the dread around death
 - Accepting mortality as an integral part of the human experience, and how that might impact the practice of medicine
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High River

Wednesday April 29, 2020

Highwood Memorial Centre

128 - 5 Ave W.



Calgary Edmonton

Hosts: High River District Health Care Foundation & High River General Hospital

Workshop: 9:00 a.m. - 4:00 p.m. Registration and coffee 8:30 a.m. Lunch provided.

\$50 for public | \$25 for AHPCA members

\$10 for students (proof of enrollment required) | \$5 for student AHPCA members

This workshop may be used for Continuing Education Credits

Please register at www.ahpca.ca